

Watch the video to help you find out how to plant a seed.

This is an outdoor activity that could take place in your garden.



1. Put on your shoes and coat and make sure you and your adult are ready to go outside.
2. These are the things that you will need to gather before you start the activity



A watering can or water bottle.

A plant pot or yoghurt pot with holes

Soil or compost

Seeds

Gardening trowel or spoon

Gardening gloves

3. Put on your gloves and fill your pot $\frac{3}{4}$ of the way up the pot with the soil or compost.
4. Make a hole in the soil and add a seed to the pot. Cover the seed with more soil and pat it down.
5. Water the seed and put the pot in a sunny place. Leave the seed to start growing. REMEMBER to water the seed when the soil becomes dry.
6. When your seed has grown around 10 cm high you might want to plant it outside or into a larger pot so that it can continue growing.
7. Remember to wash your hands when you have finished to stay clean and safe.
8. Post photographs of your seeds and seedlings as they grow so that your teacher can see the progress. Post them on your school online learning platform – Tapestry, Class Dojo or Seesaw.

Challenge:
Can you find something else to plant in the garden?

Challenge:
Can you make a
colourful
window box or
flower basket?

